

# CSEA Nassau Local 830 Eden Energy Medicine Workshops



**Offered by Debbie O'Connell,  
Clinical Practitioner of Energy Medicine  
Sponsored by Veterans Committee**

In the following workshops, I will demonstrate techniques that will help maintain a healthy body. These techniques are great for improving chronic illness, allergies and overall better health and vitality as we age.

**Techniques for each element will be discussed as it relates to Physical and Emotional healing. I will also be introducing “Radiant Circuit for pathway to joy!”**

Tuesday, February 28<sup>th</sup>, 2017- Water Element

Wednesday, March 29<sup>th</sup>, 2017- Wood Element

Tuesday, April 25<sup>th</sup>, 2017 - Fire Element

Wednesday, May 31<sup>st</sup>, 2017 - Earth Element

Tuesday, June 20<sup>th</sup>, 2017 - Metal Element

Tuesday, June 27<sup>th</sup>, 2017 - \*\*Make up day if needed due cancellation of a class\*\*

Registration/light refreshments at 5pm. Workshop from 5:30 - 7pm.  
At the CSEA Local 830 office, 400 County Seat Drive, Mineola  
To register or received more information, contact Debbie O'Connell at 516-571-2919. Ext 18.

REGISTRATION REQUIRED TO LATER THAN **3 DAYS** BEFORE EACH SESSION. REGISTRATION IS LIMITED TO **18** PEOPLE.